



GOAL SETTING FOR WINNING ON AND OFF THE COURT

Name: _____ Date: _____ Age: _____

Game style: _____ Private coach: _____

AMBITIONS	
Long term Tennis goals:	
Long term career goal after tennis:	
Current School GPA:	School GPA Goal:
Current UTR:	Current UTR tracking for Voyager Chart Level:
End of year UTR goal:	Year 12 Graduation UTR Goal:

TAKING ACTION	
Below is a list of actions that I will be taking in order to achieve my goals	
Actions required to achieve my school grade goals:	
Training hours required p/week to achieve my tennis goals:	Number of matches required in the next 12 months to achieve my goals:
Technical:	
Tactical:	
Psychological:	
Physical:	
Nutrition:	

I am fully committed to taking the above actions and pursuing my goals with passion.

Player signature: _____